

World Heart Day

On 28th September 2024, organized by **Narayana College of Nursing** a **World Heart Day** event at Venkatachalam, attended by 50 participants from 10 AM to 1 PM. The theme, "Use Heart to Beat Heart Disease," aimed to raise awareness about heart health and encourage preventive measures. The objectives included educating the community on heart disease risks, promoting healthier lifestyles, and offering heart health screenings. The event resulted in increased community awareness about heart disease prevention and the importance of regular health check-ups. Participants left with a stronger commitment to adopting healthier habits for better heart health.





World Diabetes Day

On 14th November 2024, Narayana College of Nursing organized a World Diabetes Day event at T P Gudur, with 67 participants attending from 10 AM to 1 PM. The theme of the event was "Access to Diabetes Care," aiming to highlight the importance of accessible healthcare and awareness about diabetes. The objectives were to educate the community on diabetes prevention, the significance of early diagnosis, and the management of the condition through healthy lifestyle choices. The event successfully raised awareness within the community, leading to increased understanding of diabetes risks and preventive actions. Participants left motivated to adopt healthier habits, with many seeking further medical advice and regular screenings to monitor their health.



World Cancer Day

World Cancer Day was observed on **February 4, 2025**, at **Venkatachalam Village, Nellore**, organized by Narayana College of Nursing under the theme *"United by Unique."* The event, coordinated by **Mrs. I. Bhanusree**, saw the participation of **40 individuals**, including healthcare professionals and community members. Educational sessions, awareness talks, and interactive discussions focused on **early detection, prevention, and lifestyle modifications**. Key outcomes included **increased awareness, identification of local challenges in cancer care, and development of action plans** for future initiatives. The event successfully emphasized **community involvement in cancer prevention and improving healthcare access**.

